

Parasite Treatment Protocol: A Comprehensive Guide

This document outlines a detailed 3-month parasite treatment protocol, "Protocol P," designed for healthcare professionals and individuals familiar with parasite treatment. It combines pharmaceutical interventions with natural remedies and supportive practices like enemas to address parasitic infections comprehensively. The protocol emphasizes a structured approach over three distinct monthly phases, incorporating specific medications, herbal infusions, and dietary components, followed by a drug break period.

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Understanding Protocol P: Overview and Key Components

Protocol P is a multi-faceted approach to parasite treatment, integrating both targeted medications and natural support for a holistic recovery. The regimen is structured to disrupt the life cycles of various parasites while simultaneously aiding the body's natural detoxification processes.

Pharmaceutical Agents

Key medications include Pyrantel Pamoate and Mebendazole, selected for their efficacy against a broad spectrum of intestinal worms. These are administered in specific dosages and timings to maximize their therapeutic effect.

Natural Remedies

Diatomaceous Earth, Castor Oil, Neem, and Epazote infusions are central to the natural component of the protocol. These agents are chosen for their antiparasitic, laxative, and cleansing properties, complementing the action of the pharmaceutical drugs.

Supportive Therapies

Enemas are a crucial supportive therapy, facilitating the elimination of expelled parasites and toxins, thereby reducing the body's reabsorption burden and promoting gut health.

The protocol's success hinges on strict adherence to the prescribed schedule and dosages, alongside continuous monitoring for adverse reactions and treatment effectiveness.

Month 1: Initial Intensive Treatment Phase

The first month of Protocol P focuses on an intensive initial assault on parasitic infestations, combining potent anthelmintics with natural detoxifiers. This phase is critical for rapidly reducing the parasite load.

1 Days 1-8: Pharmaceutical and Natural Synergy

This initial week involves a structured rotation of Pyrantel Pamoate and Mebendazole, administered alongside daily doses of Diatomaceous Earth and regular enemas. Castor Oil is introduced on specific days to aid bowel evacuation. The combination aims to paralyze and expel parasites while cleansing the digestive tract.

2 Days 9-18: Herbal Support and Continuous Cleansing

Following the intensive medication period, this phase transitions to a focus on herbal support with Neem infusion, which possesses known antiparasitic properties. Diatomaceous Earth and Castor Oil continue to be administered daily, maintaining the cleansing and elimination process. Enemas are to be performed as continuously as possible, underscoring their importance in toxin removal.

3 Days 19-30: Drug Break with Continued Support

The final period of each month allows for a crucial drug break from pharmaceutical agents. However, supportive measures, including continued adherence to "Protocol C" (add 10 ml of CDS [chlorine dioxide solution] 3000 ppm to 1 litre of water and drink 100 ml 10 times per day), are essential to consolidate the gains made and prepare the body for the subsequent treatment phases.

Month 2: Targeted Herbal and Detoxification Support

The second month builds upon the initial phase, introducing new herbal agents while maintaining the core supportive practices of days 1-8. This period aims to address any lingering parasitic activity and further support the body's detoxification pathways.

Days 9-18: Epazote Infusion and Aloe Vera Integration

During this critical ten-day window, the protocol introduces Epazote infusion for three consecutive days, known for its potent anthelmintic properties. On the remaining seven days, Aloe Vera gel, mixed with juice or water, is taken on an empty stomach. Aloe Vera supports gut healing and detoxification, which is vital after intensive treatment.



Consistent daily use of Castor Oil and Diatomaceous Earth continues throughout this period. Castor Oil ensures regular bowel movements for effective waste removal, while Diatomaceous Earth continues to physically eliminate parasites and toxins from the digestive tract.

Enemas remain a continuous and integral part of the protocol, reinforcing the detoxification efforts and ensuring that expelled parasites and metabolic by-products are efficiently removed from the system. The emphasis on continuous enemas highlights their importance in preventing reabsorption and supporting gut health.

Month 3: Reinforcement and Sustained Elimination

The third and final month of Protocol P is designed to reinforce the gains made in previous months, ensuring a sustained attack on parasites and promoting long-term gut health. This phase reintroduces a potent herbal agent from the first month while maintaining consistent detoxification practices of days 1-8.



Neem Infusion Reintroduction

Neem infusion, known for its broad-spectrum antiparasitic properties, is reintroduced for nine days. This targeted re-exposure aims to eradicate any remaining resilient parasites and consolidate the treatment's efficacy.



Continued Castor Oil and Diatomaceous Earth

Castor Oil and Diatomaceous Earth are continued daily to ensure consistent bowel movements and continued physical removal of parasites and their by-products. This ongoing support is crucial for preventing re-infestation and maintaining a healthy digestive environment.



Continuous Enema Practice

The continuous performance of enemas remains a cornerstone of this final month. Enemas are vital for facilitating the expulsion of dead parasites and toxins, thereby minimizing systemic exposure and supporting the overall detoxification process.

The consistent application of these practices in Month 3 is paramount for achieving a thorough and lasting resolution of the parasitic infection. This final push ensures that the body is well-supported in its cleansing and healing journey.

Daily Regimen Breakdown (Days 1-8)

The initial eight days of Protocol P are critical for initiating the parasite eradication process. The table below details the specific medications, dosages, and supportive measures for each day, highlighting the intensive nature of this phase. Start this treatment during the first three days of a full moon.

Precautions: Important note! Mebendazole (Vermox) does not interact with chlorine dioxide but does interact with Tagamet, Ethotoin, Penicillin, Zithromax, Amoxicillin, Mephenytoin, Carbamazepine, and Flagyl. The most important drug interaction with Vermox (mebendazole) is Flagyl (metronidazole). This is very important! Never take or administer these substances together. Mebendazole and metronidazole should never be used together as they can cause Stevens-Johnson syndrome, which can be very serious.

Day 1	Pyrantel Pamoate (10 mg/kg), morning only dose Diatomaceous Earth (1 tsp in liquid) with meals	Diatomaceous Earth (1 tsp in liquid) with meals	Single dose of Pyrantel Pamoate (three 5-ml teaspoonfuls for 60 kg or 3 tablets for 60 kg). The dose for 60 kg will be the maximum dose to take.
Day 2	Mebendazole (100 mg every 12 hours), Diatomaceous Earth (1 tsp) with meals	2nd dose of Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Enema after evening dose.
Day 3	Castor Oil (2 tbsp), Mebendazole (100 mg every 12 hours), Diatomaceous Earth (1 tsp)	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Castor oil (tasteless from the pharmacy) on an empty stomach. Enema after evening dose.
Day 4	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Enema after evening dose.
Day 5	Pyrantel Pamoate (10 mg/kg), Diatomaceous Earth (1 tsp)	Diatomaceous Earth (1 tsp)	Single dose of Pyrantel Pamoate with liquid. Enema after evening dose.
Day 6	Castor Oil (2 tbsp), Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Castor oil on empty stomach. Enema after evening dose.
Day 7	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Enema after evening dose.
Day 8	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Mebendazole (100 mg), Diatomaceous Earth (1 tsp)	Enema after evening dose.

Monthly Cycling: Active Treatment and Break Periods

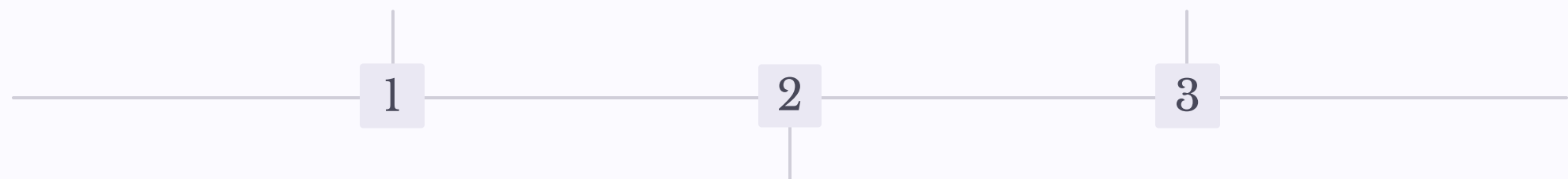
Protocol P is designed with a cyclical approach, alternating between intensive treatment phases and drug breaks each month. This strategy is essential for minimizing potential side effects of medications and allowing the body to recover, while still maintaining ongoing support.

Days 1-8: Initial Intensive Phase

The first eight days of each month focus on the primary antiparasitic medications (Pyrantel Pamoate, Mebendazole) combined with foundational natural remedies (Diatomaceous Earth, Castor Oil) and daily enemas. This period is aimed at actively killing and expelling parasites.

Days 19-30: Drug Break & Protocol C Integration

The latter half of each month provides a necessary break from the pharmaceutical antiparasitic drugs. Normally, if you experience "die-off" effects, they are generated by the release of toxins from the parasite when it dies. During this time, you continue with "Protocol C."



Days 9-18: Herbal and Supportive Focus

This ten-day segment shifts emphasis to sustained natural support. Castor oil and Diatomaceous Earth continue daily, with specific herbal infusions introduced (Neem in Months 1 and 3, Epazote/Aloe Vera in Month 2). Continuous enemas remain critical for detoxification.

This monthly cycle is repeated for three consecutive months to ensure thorough eradication of parasites at various life stages and to support the body's healing process.

Important Considerations and Concluding Remarks

Additional equipment needed: 2-liter enema kit

Standard evacuation enema:

10 ml of CDS is used for each liter of warm water at approximately body temperature. Intestinal irrigators usually have a capacity of approximately 2 liters. Fill the irrigator with water and add the CDS. Apply a dab of lubricant to the tip of the irrigator and insert it into the rectum. The best position is lying on the LEFT side to facilitate deep penetration of the water. Open the valve and start filling the colon. It can be done in several small batches or all at once, depending on the conditions and well-being of the person.

Attempts are made to retain the liquid for about three minutes before evacuating to increase efficacy; no more than five minutes is necessary. An enema is usually applied up to once a day, preferably at night before going to sleep. As a general rule, it is used every two to three days for one to two weeks.

Successful implementation of Protocol P requires meticulous attention to detail and an understanding of potential challenges. Dietary modifications, hydration, and the importance of a clean living environment aim to prevent re-infection.

"Effective parasite treatment protocols extend beyond medication; they encompass a holistic approach to gut health, detoxification, and lifestyle adjustments to prevent recurrence and promote overall wellness."

In case of needing more minerals (constant tiredness), isotonic sea water can be taken. Mix one part sea water with three parts mineral water (purified/bottled). It can be consumed three times a day or more.

Regular monitoring of your progress may be undertaken under the guidance of a qualified healthcare professional to confirm treatment efficacy and to make any necessary adjustments to the protocol.